

SHENG ZHEN



Invitation to The Sheng Zhen Teacher Training Texas, February 20, 2009

Dear Friends,

Warm greetings from the International Sheng Zhen Society!

It is with great joy that we invite you to participate in the 2009 Teacher Training Course in Texas this coming winter, the 15th Teacher Training Course since 2001. As in the previous Teacher Training Courses, we hope to inspire Sheng Zhen practitioners to share the gifts of the Sheng Zhen practices.

This upcoming event promises to support one's practice and teaching abilities with practical qigong teaching techniques. Furthermore, it aims to introduce a broader perspective of qigong as a whole and assist in enriching one's understanding of the practice.

Master Li Jun Feng will conduct the Teacher Training Course. The main form will be *Jesus Standing*. We will also learn *Awakening the Soul*.

WHEN?

The program goes as follows:

- February 20: Arrival. Check in and registration starting at 2:00 PM.
Dinner will be served at 6:30 PM followed by evening training.
- February 21: First full day of Teacher Training.
- March 2: Teacher Training Course ends after lunch.

The 10 day TT fee is \$1580 - per person.

This includes accommodation, meals and training fees. To guarantee the quality of the Teacher Training Course, the maximum number of participants will be limited to 50. Please plan on arriving before dinner on February 20th.



Pictures from teacher training in Wimberley, Texas, March 2005

WHERE?

The venue is Camp Young Judea in Wimberley, Texas.

We will be staying in a Jewish children's camp situated in Wimberley, 45 minutes outside of Austin in the beautiful Texas Hill Country. The camp is located in a naturally secluded setting on Cypress Creek, a spring fed creek that runs into the Blanco River in Wimberley. The village of Wimberley is a short drive from the school, where you can find a bank, post office and several shops and cafes/restaurants.

The accommodations consist of double bedroom suites with a bathroom between two adjacent rooms. The camp has a large practice hall, and dining hall and other available spaces for practice. Food served will be for both vegetarians and non-vegetarians.

WHO CAN JOIN TEACHER TRAINING? *

PREREQUISITES for ATTENDING SHENG ZHEN TEACHER TRAINING

Everyone interested in participating in The Teacher Training Course is encouraged to apply.

You may qualify as a Sheng Zhen **Teacher Training** Participant **or** as a Sheng Zhen **Seminar** Participant. Both will enjoy the benefits of the Sheng Zhen experience and receive the same training. First priority is given to Sheng Zhen Teacher Training Participants that meet the prerequisites below. Sheng Zhen Seminar applicants will be accepted upon availability. Both will be informed within 2 weeks after the **application deadline of December 1st.**

A. Sheng Zhen Teacher Training Requirements

To show a level of dedication and commitment to the practice of Sheng Zhen Wuji Yuan Gong, you must meet these criteria in order to attend as a Teacher Training [TT] participant and get credit towards Teacher Certification:

1. You have studied Sheng Zhen Wuji Yuan Gong forms for a minimum of **2 years**. This includes a minimum of **54 instruction hours** from a certified or approved Sheng Zhen [SZ] teacher, with at least **12** of your hours from **Master Li Junfeng**.

or

2. You have studied Sheng Zhen Wuji Yuan Gong forms for a minimum of **1 year**. This includes a minimum of **108 instruction hours** from a certified or approved SZ teacher, with at least **12** of your hours from **Master Li Jun Feng**.

Be ready to document on the application form the date of your first class with a certified or approved teacher. Please contact Cobi Bentley at cobione@hotmail.com for a list of certified or approved teachers in your area or check the SZ web site at www.shengzhen.org.

B. Sheng Zhen Seminar Guidelines

If you are unable to meet all of the TT prerequisites above, you may still apply to attend the TT course as a seminar participant. You must have studied with Master Li, a Certified Sheng Zhen Teacher, or an Approved Sheng Zhen Teacher. If you are approved and there is availability, your TT session will be noted as a seminar and will not be applied towards teacher certification. Attending a TT as a seminar counts as 50 hours towards the requirements for future TT's.

WHO CAN BECOME A CERTIFIED TEACHER?

SHENG ZHEN TEACHER CERTIFICATION REQUIREMENTS**

In addition to knowing and teaching the various Sheng Zhen Wuji Yuan Gong forms, one must understand, embody and live the philosophy and in the spirit of Sheng Zhen. To be considered for Sheng Zhen Teacher certification, a **MINIMUM of 180 hours** of practice and teaching experience is required. This includes:

1. Attending at least 2 Teacher Trainings Courses. The first two count as **50 hours** each towards the total 180 hours. Seminars do not count towards certification.

and

2. Having practiced teaching Sheng Zhen Wuji Yuan Gong forms for a **MINIMUM of 80 hours**. This equates to a 1-hour class per week for 40 weeks over two years or two 1-hour classes per week for 40 weeks in one year. Note: This does not include demonstrations or leading a group in the movements, but practicing teaching the SZ forms. All people are encouraged to share the practice with others after they have learned from Master Li or an approved or certified teacher.

To maintain certification, a certified SZ teacher must attend at least one Sheng Zhen Teacher Training Course every 2 years. Certified and approved teachers will have their class info posted on the international website. If you already meet these requirements, please contact Cobi Bentley at cobione@hotmail.com to be added to this list.

***These guidelines are effective as of March 1, 2006 for new applicants to the certification process. If you have already begun the certification process (ie. have already attended a TT which has counted as either a TT or a seminar), the previous guidelines for admission to TT apply.**

****** No one is certified unless he or she has attended AT LEAST 2 Teacher Trainings and fulfilled all of the prerequisites. Sheng Zhen Teachers may view a complete listing of certification requirements at www.shengzhen.org under the *Teacher's Site-News for Teachers*

HOW TO APPLY FOR TEACHER TRAINING?

APPLICATION PROCEDURE:

1. **Fill out the Application and Registration form.**
2. **A Letter of Recommendation [LOR]** is required only if you have never attended TT before and is written by a certified SZ teacher on your behalf. The letter should state that you have fulfilled the prerequisites and that you are ready to attend a TT. You may find a Certified Sheng Zhen Teacher listed at www.shengzhen.org or contact your local Sheng Zhen teacher for more information.
3. **A Letter of Intent [LOI].** All participants must write a LOI **prior to each TT** attended. The LOI is written in your own words answering these 3 questions:
 - a) What is Sheng Zhen Wuji Yuan Gong?

- b) What is your understanding and experience of Sheng Zhen?
- c) Why do you want to be a Sheng Zhen teacher?

Send Application-Registration form, LOR and LOI to:

Marsha Kaye – mkaye3@austin.rr.com or Marsha Kaye, P.O. Box 9056, Austin, TX 78766

Send before December 10th.

You will receive a confirmation of acceptance to the TT within 2 weeks.

HOW TO PAY?

4. Payment process:

After receiving your acceptance please send the fee of **\$1580** US dollars in a check or money order, made out to ISZS (International Sheng Zhen Society) to: Marsha Kaye, P.O. Box 9056, Austin, TX 78766 **before January 9, 2009**. (There is no deposit this time.)

Please email and inform us that your payment has been sent: Marsha Kaye – mkaye3@austin.rr.com.

(Please bring receipts or copies of payment with you to TT to clarify if there are any questions.)

We hope to hear from you soon and look forward to seeing you this winter.

With warm blessings,

The International Sheng Zhen Society,
Local Organizers: Marsha Kaye, Sarah Bentley and Kay Wentworth

SHENG ZHEN



**International Sheng Zhen Society
Teacher Training, Winter 2009, Wimberley, Texas**

APPLICATION and REGISTRATION FORM

Please complete this form and submit it on or before **December 10th** to:
Marsha Kaye - mkaye3@austin.rr.com or Marsha Kaye, P.O. Box 9056, Austin, TX 78766

I wish to register for the following event:
Sheng Zhen Teacher Training, February 20 – March 2, 2009 **Fee: \$1580**

Name: _____
Home Address: _____
City, State: _____
Zip/ Postal Code: _____
Country: _____
Telephone Number: _____
Fax Number: _____
Email Address: _____

Please check ONE:

I am applying as a: SZ Teacher Training Participant _____ SZ Seminar Participant _____

1. Who introduced you to the Sheng Zhen forms? _____
2. Who is your current Sheng Zhen teacher? _____
3. How long have you been practicing Sheng Zhen Wuji Yuan Gong? _____
4. How many hours of classes or workshops have you attended? _____

5. How many hours of classes have you attended from Master Li Jun Feng?

6. Have you met Master Li Jun Feng? _____ When? _____
7. I have studied the following Sheng Zhen forms from Master Li, a certified or an approved Sheng Zhen teacher - please include when you first started, including the date, teacher's name and form:

8. I attended the International Sheng Zhen Teacher Training as a Seminar = S or Teacher Training = TT participant (please check **ALL** appropriate boxes):

Berlin 2001 _____	Germany 2004 _____	New Zealand 2006 _____	Philippines 2008 _____
Tagaytay 2002 part 1 _____	Canada 2004 _____	Canada 2006 _____	California 2008 _____
Tagaytay 2002 part 2 _____	Texas 2005 _____	China 2007 _____	
Hawaii 2003 _____	Norway 2005 _____	Norway 2007 _____	

REMINDER: If you have **NOT** attended one of the International Sheng Zhen Teacher Trainings listed above, you must obtain a **Letter of Recommendation**.

ALL PARTICIPANTS must submit a **Letter of Intent** with your application.

For **Practicing Teachers** (non-certified):

9. How many Sheng Zhen classes are you teaching weekly? _____ Yearly? _____

10. How many total hours of Sheng Zhen teaching have you accumulated during the last 2 years? _____

For **Certified Teachers:**

11. Are you currently teaching Sheng Zhen classes? _____

If you would like your classes listed on the ISZS website, please include dates, times, forms and keep us posted of changes.

My diet is: Vegetarian _____ Regular diet _____ Special diet _____

Other dietary limitations: _____

Do you snore? _____

I wish a double room and to room with:

*We will be requesting your complete arrival and departure information at a later date.
Please plan on arriving in Austin before 3 pm on February 20 .*