

Qigong Workshop with Master Li Jun Feng



Kuan Yin Standing Qigong

Arlington, VA ~ St. George Episcopal

October 16, 2010 ~ 9:30am to 5:30pm

Master Li will instruct you in ten beautiful movements practiced the world over to create an increased sense of wholeness and well being. Open to all levels of experience.

Awakening the Soul Qigong & Meditation Techniques

Arlington, VA ~ Trinity Episcopal

October 17, 2010 ~ 12:30pm to 4:30pm

Master Li will guide you in the exploration and enhancement of personal Qi in the form of gentle but powerful moving and non-moving seated exercises. Open to all levels of experience.

Master Li Jun Feng has a background that includes fifteen years as head coach of the national martial arts team of China as well as holding several leading roles in Chinese cinema. Presently an Instructor of Qigong at the Academy of Oriental Medicine at Austin, he has been the world's principal teacher of Sheng Zhen (Unconditional Love) Qigong for over twenty years. His teaching skill and loving heart provide students with openings beyond their perceived physical, emotional, and spiritual limitations.

Qigong promotes health and contentment by balancing the flow of Life Force. Rejuvenate body, mind and spirit with this unique opportunity to study with Master Li Jun Feng.

Registration

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| <input type="checkbox"/> October 16 and 17 | \$ 150 | if sent by October 1 st | \$ 185 after October 1 |
| <input type="checkbox"/> Saturday Only | \$ 90 | if sent by October 1 st | \$ 110 after October 1 |
| <input type="checkbox"/> Sunday Only | \$ 60 | if sent by October 1 st | \$ 75 after October 1 |

TOTAL \$ _____

- In view of prevailing economic conditions, we have been able to keep our fees low because of our all-volunteer Peaceable Dragon staff. We want as many of you as possible to come, learn and enjoy!
- Make check out to Peaceable Dragon and send to Peaceable Dragon, P.O. Box 282, Lorton, VA 22199
- Refund policy: Full refund if requested by date of workshop, unless session is full and students turned away.
- For more information call Peaceable Dragon at 703-625-8431 or write to paul@pnrischard.net or go to the "Events" page at www.PeaceableDragon.org

Your Name _____ best phone _____

